

AMRIT KASHI THE SPA

B O D Y M A S S A G E S

Samsara Signature Massage

90 Min | Rs 4500

A massage like no other, customized uniquely to the requirements of your body and muscles. The therapist will select techniques as required by your muscles and spend focused time on your areas of tension. This technique uses heat therapy to de stress and unwind.

Sugandha Aromatherapy

60 Min | Rs 3000

Enjoy an all-natural, sense-seducing escape from the everyday world. Nourish the skin and boost the immune system while restoring equilibrium to mind, body and spirit. This fragrant, full-body treatment is a sheer indulgence.

Sadhana Relax

60 Min | Rs 3000

Feel mental and emotional stress melt away and your mind enter a dream – like state as your therapist uses unique techniques to massage the head and body, honing in on key pressure points to activate blood flow. Deep slow soothing, rhythmical massage techniques to calm the mind and relax the muscles.

Virya Energize

90 Min | Rs 4500

F'or those sore muscles that need some relief, this medium to strong massage uses techniques that include deep tissue to expertly relax and destress your body, while energizing and uplifting the senses. This technique uses heat therapy for deep rejuvenation.

De stress Back, Neck and Shoulder Massage

45 Min | Rs 2200

The ideal massage to combat stiffness and stress. The kneading strokes and heat therapy are performed to concentrate on the back, neck and shoulders. This technique eases muscle tension and releases stiffness.