

AMRIT KASHI THE SPA

SIGNATURE BODY TREATMENTS

Medha Nourishing Body Treatment

120 Min | Rs 5800

An ancient South Indian recipe for firm, supple and glowing skin. Succulent Black Sesame paste with Ayurvedic herbs is gently massaged to exfoliate and nourish the skin. This is followed by a rhythmic and intensive body massage infused with Black Cardamoms and Cloves which are immediately absorbed into the skin, initiating an effective self-healing nourishing effect.

Rasayana Restorative Body Treatment

120 Min | Rs 5800

Enjoy a nourishing, rehydrating and indulgent restorative body polishing treatment as Pink Ginger, Black Pepper, Fresh Almond paste and raw cane sugar is gently smoothed onto your skin. This is followed by a therapeutic body massage with pure Mysore Sandalwood and Vetiver oils infused in organic cold pressed sesame and coconut oils.

Niharaka Purifying Experience

120 Min | Rs 5800

Fresh Orange Peel, Daruhaldi and Dry Ginger are blended with fresh fruits and herbs into a scrub which when massaged onto your skin leaves it with a smooth sheen, followed by a warm, relaxing and detoxifying body massage with Shunthi and Triphala herb infused Oil.

Sattva Recovery Therapy For Men

120 Min | Rs 5800

A result driven scrub and massage that targets muscle pain and fatigue, whether from active use or repetitive deskwork. Our therapist will identify areas of concern and deliver firm deep tissue techniques to help ease deep-seated tension. You will leave feeling refreshed and full of energy.